

SOMATOSENSORY REHABILITATION of PAIN

NETWORK

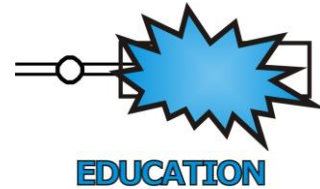
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SOMATOSENSORY REHAB of PAIN – 2020 – PART II (since 2001)

To become CSTP® Certified Somatosensory Therapist of Pain 2nd PART NeuroPain Rehab (Day 5 to Day 8)

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The **146th** course for somatosensory rehabilitation of neuropathic pain is a four day **advanced** comprehensive theoretical and hands-on course to treat neuropathic pain patients (NPP). This course is meant for therapists, physicians and others, who already joined a 2 or 4-day basic course.

Somatosensory Rehabilitation of Pain (Spicher, 2006) includes: Assessment of cutaneous sense disorders and their painful complications (CRPS, mechanical allodynia, neuralgia) and also rehabilitation.

Problem

Cutaneous somatosensory disorders, including tactile hypoaesthesia and/or mechanical allodynia are often significant contributors to chronic pain, interfering with activities.

The normalisation of the cutaneous sense has a positive impact on **neuropathic pain**. The shooting pain, the burning sensations decrease and hypersensitivity resolves, offering NPP a better quality of life.

Overall Learning Aims

- To integrate and learn to articulate the five techniques of the method for identification and treatment of the eight somatosensory and/or neuropathic pain conditions;
- To consolidate the understanding of the method's basic concepts and their use in the sessions;
- To reverse painful complications - *i.e.* peripheral and/or central sensitization - by rehabilitating the nervous somatosensory system;
- To define the three strategies of Distant Vibrotactile Counter-Stimulation (DVCS);
- To adapt the treatment strategy after a new evaluation.

Educational tools

- Clinical anatomy workshop of the upper and/or lower limb territories;
- Therapeutic relationship management;
- Clinical reasoning workshop;
- **Observation** of **four live treatments**

Instructors

- Claude J. Spicher, Scientific collaborator (**University of Fribourg** - Unit of Medical Pedagogy), Lecturer (**McGill University** - School of Physical and Occupational Therapy), Swiss certified HT;
- Rebekah Della Casa Certified Somatosensory Therapist of Pain (CSTP®) at the **Somatosensory Rehabilitation Centre**; instructor of the Somatosensory Rehab of Pain Network since 2009.

Course Information

Date	The 29 th of April to the 2 nd of May 2024
Time	9 am – 12 am & 1 pm – 5 pm
Duration	28 hours
Location	6, Hans-Geiler Street, 1700 Fribourg, Switzerland
Price	CHF 690.- (included Work Documents in English).

References needed

Spicher, C.J. (2006). *Handbook for Somatosensory Rehabilitation*. Montpellier, Paris: Sauramps Médical.

Spicher, C.J., Packham, T.L., Buchet, N., Quintal, I. & Sprumont, P. (2020). *Atlas of Cutaneous Branch Territories for the Diagnosis of Neuropathic Pain* (1st English edition stemming from the previous 3rd French edition) – Foreword: B. Cramer. Berlin, London, Shanghai, Tokyo, New-York City: Springer Nature.

Please note that the course `ll be entirely based on:

Spicher, C., Barquet, O., Quintal, I., Vittaz, M. & de Andrade Melo KNAUT, S. (2020). *DOULEURS NEUROPATHIQUES : évaluation clinique & rééducation sensitive* (4^e édition) – Préface : François Moutet. Montpellier, Paris : Sauramps Médical.

146th Course for Somatosensory Rehabilitation of Neuropathic Pain

(Since 2001)

Monday, the 29th of April to Thursday, the 2nd of May 2024

REGISTRATION FORM

Deadline: Monday, 29th March 2024

Name:

First (given) name:

Professional occupation:

Address:

e-mail address:

Please fill and return to:

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