

SOMATOSENSORY REHABILITATION of PAIN NETWORK

Montreal | Freiburg | Montpellier | Bordeaux | Brussels | Amsterdam

www.neuropain.ch

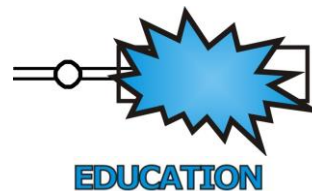
Departement of

Continuous education

6, Hans-Geiler Street

CH - 1700 FREIBURG

info@neuropain.ch



What can we offer our patients suffering from neuropathic pain?

1st PART Neuro Pain Rehab 4th online course – Since 2001 on-site

The complete training course about somatosensory rehabilitation of neuropathic pain enables the obtention of the **CSTP**[®] title: Certified Somatosensory Rehabilitation Therapist of Pain. This course is aimed at therapists, physicians and others, about a method to treat neuropathic pain patients (NPP).

Somatosensory Rehabilitation of Pain (Spicher, 2006) includes: Assessment of cutaneous sense disorders and their painful complications (CRPS, mechanical allodynia, neuralgia i.e post carpal tunnel syndrome release) as well as rehabilitation.

Concepts

The concept of A β pain was proposed by Marshall Devor [Exp Brain Res 2009] many years after Tinel (1917) suggested that neuropathic pain is conducted partly through the A β fibers. The etiology of neuropathic pain hinges on this idea. It means that neuropathic pain can arise from the alteration of the somatosensory system and not only from the alteration of the C fibers. Therefore, the painful area must be carefully assessed in order to determine the presence of A β fibers lesions (tactile hypoesthesia and/or mechanical allodynia). Consequently, the normalisation of the cutaneous sense has a positive impact on neuropathic pain.

This **1st part** implies a total of 60 hours of work (lessons and personal) dispatched into two sessions of 4 weeks:

I. **Basic somatosensory disorders**– tactile hypoesthesia and mechanical allodynia (stages I & II of A β axonal lesions)

II. **Neuropathic pain complications** neuralgia & CRPS (stages III to V).

- Four different teaching modalities are used for the **24 different lessons**, the equivalent of 18 hours:
 - 1) **Live conference** – MS teams-live;
 - 2) **Pre-recorded videos**;
 - 3) **Round table** – MS teams-live;
 - 4) Other **didactic material** – ppt/audio/article.
- The **personal work** is the equivalent of 42 hours, divided into 20 tasks.

SOMATOSENSORY REHAB of PAIN – 2021 – ONLINE
Module of four sessions (1/2)

These lessons will also be given by several **guests**.

- Prof. Tara Packham, PhD, CSTP®: Does research in rehabilitation and persistent pain in the School of Rehabilitation Sciences at McMaster University, Hamilton Canada.
- Sarah Bouchard: MSc OT, CSTP®, Mercier Qc Canada
- Giorgio Pietramaggiori, MD, PhD: Privat-Docent; Specialist in: Plastic, reconstructive & aesthetic surgery and in Migraine and peripheral nerve surgery.

Overall Learning Aims

- To integrate precise techniques for identification and treatment of somatosensory changes;
- To rehabilitate cutaneous somatosensory disorders on the basis of the somatosensory system neuroplasticity;
- To avert the outbreak of painful complications by rehabilitating the cutaneous sense;
- To build bridges between rehabilitation, medicine and the neurosciences.

Some of the instructors for this course

- Eva Létourneau, BSc OT (University of Montreal), Master's degree in Rehabilitation Practice (University of Sherbrooke), CSTP®. Instructor for the Somatosensory Rehabilitation Network since 2013 (Quebec, Canada)
- Rebekah Della Casa Certified Somatosensory Therapist of Pain (CSTP®) at the Somatosensory Rehabilitation Centre; instructor of the Somatosensory Rehab of Pain Network since 2009.

Informations about the course

Dates : From 4th of October to 3rd of December 2021

With one-week break from 30th of October to 7th of November 2021

Price: 860 CAD – Handbook and Atlas *NOT included*

Note: the 16th of December 2020; 860CAD=554 euros; 860CAD=596 CHF

References

Spicher, C.J. (2006). *Handbook for Somatosensory Rehabilitation*. Montpellier, Paris: Sauramps Médical.

Spicher, C.J., Packham, T.L., Buchet, N., Quintal, I. & Sprumont, P. (**2020 September 25**). *Atlas of Cutaneous Branch Territories for the Diagnosis of Neuropathic Pain* (1st English edition stemming from the previous 3rd French edition) – Foreword: B. Kramer. Berlin, London, Shanghai, Tokyo, New-York City: Springer-Nature.

Please note that the course will be entirely based on: Spicher, C., Barquet, O., Quintal, I., Vittaz, M. & de Andrade Melo KNAUT, S. (**2020**). *DOULEURS NEUROPATHIQUES : évaluation clinique & rééducation sensitive* (4e édition) – Préface : François Moutet. Montpellier, Paris : Sauramps Médical.

SOMATOSENSORY REHABILITATION OF NEUROPATHIC PAIN

1st PART – 4th on-line course

4th of October to 3rd of December 2021

REGISTRATIONFORM

Deadline: [Monday, 6th of September 2021](#)

860 dollars (CAD)- Handbook and Atlas *NOT included*

Name:

First (given) name:

Professional occupation:

e-mail address:

Address:

Please fill and return to

Please fill and return to:

Somatosensory Rehabilitation of Pain Network

Department of Continuous Education

6, Hans-Geiler Street

CH-1700 Fribourg

Switzerland

e-mail : info@neuropain.ch