To become CSTP® Certified Somatosensory Therapist of Pain
2nd PART NeuroPain Rehab (Day 5 to Day 8)
www.neuropain.ch/education/calendar

The 134th course for somatosensory rehabilitation of neuropathic pain is a four day advanced comprehensive theoretical and hands-on course to treat neuropathic pain patients (NPP).

This course is meant for therapists, physicians and others, who already joined a 2 or 4-day basic course.

Somatosensory Rehabilitation of Pain (Spicher, 2006) includes: Assessment of cutaneous sense disorders and their painful complications (CRPS, mechanical allodynia, neuralgia) and also rehabilitation.

Problem
Cutaneous somatosensory disorders, including tactile hypoaesthesia and/or mechanical allodynia are often significant contributors to chronic pain, interfering with activities.

The normalisation of the cutaneous sense has a positive impact on neuropathic pain. The shooting pain, the burning sensations decrease and hypersensitivity resolves, offering NPP a better quality of life.

Overall Learning Aims
- To integrate and learn to articulate the five techniques of the method for identification and treatment of the eight somatosensory and/or neuropathic pain conditions;
- To consolidate the understanding of the method’s basic concepts and their use in the sessions;
- To reverse painful complications - i.e. peripheral and/or central sensitization - by rehabilitating the nervous somatosensory system;
To define the three strategies of Distant Vibrotactile Counter-Stimulation (DVCS);
To adapt the treatment strategy after a new evaluation.

**Educational tools**
- Clinical anatomy workshop of the upper and/or lower limb territories;
- Therapeutic relationship management;
- Clinical reasoning workshop;
- **Observation of four live treatments**

**Instructors**
- Claude J. Spicher, Scientific collaborator (**University of Fribourg** – Neurophysiology Unit), Swiss certified HT;
- Rebekah Della Casa Certified Somatosensory Therapist of Pain (CSTP®) at the **Somatosensory Rehabilitation Centre**; instructor of the Somatosensory Rehab of Pain Network since 2009.

**Course Information**

<table>
<thead>
<tr>
<th>Date</th>
<th>Monday, the 6th to the 9th of July 2020</th>
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<tbody>
<tr>
<td>Time</td>
<td>9 am – 12 am &amp; 1 pm – 5 pm</td>
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<tr>
<td>Duration</td>
<td>28 hours</td>
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<td>Location</td>
<td>6, Hans-Geiler Street, 1700 Fribourg, Switzerland</td>
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<tr>
<td>Price</td>
<td>CHF 690.- (included Work Documents in English)</td>
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**References needed**


Please note that the course ‘ll be entirely based on:

134th Course for Somatosensory Rehabilitation of Neuropathic Pain
(Since 2001)
Monday, the 6th to Thursday the 9th of July 2020

REGISTRATION FORM

Deadline: Monday, 8th June 2020

Name:
First (given) name:
Professional occupation:
Address:
e-mail address:

Please fill and return to:

Somatosensory Rehabilitation of Pain Network
Department of Continuous Education
6, Hans-Geiler Street
CH-1700 Fribourg
Switzerland

e-mail: info@neuropain.ch

or

Fax: +41 26 350 06 35